



durex committed to RSE in schools



Understanding the requirements



Aim

To ensure that all school leaders and staff are aware of the new Ofsted requirements (from September 2015 onwards) and to ensure that RSE in your school helps you meet the new key judgements

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What do Ofsted changes mean for your school?

In September 2015, OFSTED replaced the key judgement 'Behaviour and Safety' with 'Personal Development, Behaviour and Welfare', which includes RSE as part of pupils' spiritual, moral, social and cultural development^{1,2}

Since the end of the 2014/15 school year, schools who are regulated by Ofsted are no longer inspected under the September 2012 inspection framework – the Common Inspection Framework (CIF) is being put into use from September 2015.¹

Ofsted states that the reason for the new CIF is to “bring together” the inspection of different education settings to “provide greater coherence across different providers that cater for similar age ranges”. Under this new CIF, inspectors will make graded judgements on the same areas to help provide more comparable, more proportionate information of value, with greater impact on the profession and public.¹

A note for academies and free schools: you are inspected under section 5 of the Education Act 2005 and will still be required to meet this new judgement for your initial section 5 inspection, and any inspections thereafter.



How will Ofsted measure their new key judgement in relation to RSE?

The Ofsted framework expects that PSHE, and the RSE taught within it, are subject to the same expectations as the rest of the curriculum in your school. Due to the nature of the new 'Personal Development, Behaviour and Welfare' judgement and its inherent link to what is taught in PSHE, RSE will become a significant part of meeting the new Ofsted requirements.

The updated four key judgements are:¹

- Quality of teaching, learning and assessment
- Outcomes for pupils
- Personal development, behaviour and welfare
- Effectiveness of leadership and management

If Ofsted concludes that any one of these key judgements are inadequate, your school's safeguarding is ineffective, and if there are serious weakness in young people's spiritual, moral, social and cultural development, your school's overall effectiveness is likely to be judged inadequate.¹

It's also important to note that for the new key judgement of Personal Development, Behaviour and Welfare:¹

- Inspectors will make clear written judgement about 'Behaviour' separate to clear written judgement about 'Personal Development and Welfare'
- Where there is difference in these judgements, the lower of the two will determine the overall judgement for Personal Development, Behaviour and Welfare



What steps can you take to ensure your school meets the new key judgement?

You and your teachers are most likely already working towards this key judgement in your school. However, with DO... you have an opportunity to help improve the ability of RSE to drive these qualities further. In order to do this, consider the following steps:^{1,2}

Step	How DO... can help
Maintain high expectations for the behaviour of your staff and young people during RSE lessons (and around the school in general) to ensure that respect, an open-minded approach and honesty are the standard	<ul style="list-style-type: none">• DO... The whole-school approach• DO... Inspire great teachers
Promote all forms of equality, respect and understanding of everyone, regardless of faith (or no faith), race, gender, disability and sexual orientation through your staff and your whole-school approach to RSE	<ul style="list-style-type: none">• DO... Enhance your content• DO... Work in collaboration• DO... The whole-school approach
Provide teachers with the appropriate training and services that will enable them to design, implement and evaluate their RSE programme to ensure that it is of the highest quality	<ul style="list-style-type: none">• DO... Inspire great teachers• DO... Self-reflection exercises• DO... Lesson guidance• DO... Lesson plans and stimulus
Ensure that you give RSE the time, the resources and the prominence it needs, giving teachers and young people the best possible opportunities to learn the attitudes, values and behaviours required to meet the new judgement	<ul style="list-style-type: none">• DO... Discover the evidence• DO... Work in collaboration• DO... Enhance your content
Evaluate and re-evaluate the effectiveness of RSE in your school to ensure that it remains up-to-date, relevant and in the best interest of young people	<ul style="list-style-type: none">• DO... Online Self-assessment• The complete DO... Programme



How RSE can contribute to good Personal Development, Behaviour and Welfare

The DO... RSE programme will develop the skills, values and behaviours in young people at your school that contribute to this key judgement. Together with DO... you will see the benefits RSE can achieve not only for Ofsted, but for the young people in your school and for society as a whole

Personal Development, Behaviour and Welfare are deemed good if the following are met:¹

Your school

- Has an open culture that promotes all aspects of young people's welfare
- Develops young people spiritually, morally, socially and culturally to ensure they are prepared to be reflective about and responsible for their actions as good citizens
- Provides young people with the opportunity to learn how to keep themselves safe

Your teachers

- Promote clear messages about the impact of bullying and prejudiced behaviour on young people's wellbeing
- Are quick to tackle the rare use of derogatory or aggressive language, and always challenge stereotyping

Your young people

- Are safe and feel safe
- Work well with their teachers and peers to tackle and prevent rare occurrences of bullying
- Enjoy learning about how to stay healthy and about emotional and mental health, safe and positive relationships and how to prevent misuse of technology
- Listen to guidance on how to make choices about the next stage of their education, employment, self-employment or training

Personal Development, Behaviour and Welfare are deemed inadequate when:¹

Protection is poor

- A significant minority of young people do not understand how and why they should live healthy, positive lives – in both physical and emotional respects
- Both direct and indirect incidents of bullying or prejudiced and discriminatory behaviour are frequent – and young people have little confidence in your school's ability to tackle bullying successfully
- Young people, or particular groups of young people, are not safe or do not feel safe at school

Further support from the DO... Collaboration

DO... Resources for teachers

The **DO... Resources for teachers** have been specially developed by dedicated and experienced sexual health trainers and educators. They encourage a new approach to RSE that helps make it more relevant and approachable for students, and more comfortable for teachers to deliver.

Consisting of innovative lesson plans, unique teaching activities and a new focus on skills, values, emotions and critical thinking, the DO... resources for teachers will help them facilitate really engaging lessons that empower young people to learn for themselves and from each other.

Training for teachers

Many members of the DO... Collaboration provide quality training for teachers who want to develop their skills further.

Brook has been providing training to adults working with young people for more than 50 years.

www.brook.org.uk

FPA have a broad range of online training courses for teachers.

www.fpa.org.uk

Justin Hancock (Bish) offers a number of training courses on Relationships and Sex Education.

www.bishtraining.com

SEF offer a range of training opportunities (available both locally and nationally) to support the continued professional development of anyone involved in teaching RSE.

www.sexeducationforum.org.uk

RSE Hub offer a wide range of full day, half day or twilight training courses.

www.rsehub.org.uk

Brook, FPA, Bish and The Mix can also provide young people with free information, confidential advice, great sexual health services and emotional support.

www.brook.org.uk

www.fpa.org.uk

www.bishuk.com

www.themix.org.uk



Further information

- **Ofsted guidance** – school inspection handbook www.gov.uk/government/publications/school-inspection-handbook-from-september-2015
- **Ofsted online** www.gov.uk/government/organisations/ofsted
- **Brook** – the UK’s leading sexual health charity for young people under 25 www.brook.org.uk
- **Bish websites** – online advice and information for both professionals and young people, created by Justin Hancock, an experienced relationships and sex educator www.bishtraining.com (for professionals) & www.bishuk.com (for young people)
- **Sex Education Forum** – a membership organisation that works together with its members for quality relationships and sex education www.sexeducationforum.org.uk
- **RSE Hub** – a membership organisation that believes that relationships and sex education (RSE) should be an entitlement for all children and young people www.rsehub.org.uk
- **Family Planning Association** – a UK registered charity working to enable people to make informed choices about sex and to enjoy sexual health www.fpa.org.uk
- **National Aids Trust** – the UK’s leading charity dedicated to transforming society’s response to HIV www.nat.org.uk
- **NAHT** – an independent trade union and professional association of over 28,500 members occupying leadership positions across a broad spectrum of educational institutions and settings, providing an effective voice in educational policy-making across all phases www.naht.org.uk
- **The Mix** – the UK’s leading support service for young people, helping them take on any challenges they’re facing and providing young people with free, confidential help and advice www.themix.org.uk

REFERENCES:

1. Ofsted (2015). School inspection handbook – handbook for inspecting schools in England under section 5 of the Education Act 2005. Ofsted 150066.
2. Palmer J (2015). The role of PSHE, citizenship education and SMSC in obtaining good outcomes in section 5 inspections from September 2015.





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www.dorseforschools.com