

committed to RSE in schools



# Every young person has the right to quality relationships and sex education (RSE), and DO... can help you make that happen.

Each one of us is unique, and our attitudes to relationships and sex will be shaped by our sexuality, family background, cultural or religious beliefs and life experiences. We all need to find our place in the world, and challenging the perceptions of the society we live in is a great way to do it.

Feeling confident about relationships and sex is an important life skill, so it's vital all young people learn to make informed choices and shape their values and emotions. In fact, there's evidence to show the right kind of RSE doesn't just benefit individuals, but also has a positive impact on the communities they live in.

DO... is a collaboration of leading experts and organisations who came together to give young people the relevant, modern RSE they want and need. They created the DO... programme which offers free, easy to use and inspiring teaching resources for all levels of the school faculty who are involved in providing quality RSE.

Whether schools are starting from scratch or revising their current RSE policy, the programme can provide valuable support, guidance and engaging lesson plans.

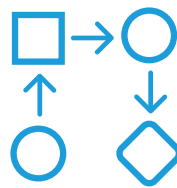
Visit [www.dorseforschools.com](http://www.dorseforschools.com) to explore the resources we offer:



Resources to optimise RSE



Self-reflection exercises



Lesson guidance



Lesson plans and stimulus

If you know anyone who might be able to make quality RSE happen in their school, why not share this flyer with them?  
**Let's make great RSE happen with DO...!**



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